



Anglican Living - Social Programme



FITZGERALD CHAMPIONSHIP

Hiron Trinity:

September 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 11.00: Decorating Cake for Fathers Day 2.00: High Afternoon Tea for Fathers' Day in Hospital Garden	2 3.10: Balloon Tennis	3 3.10: Short Stories 3.30: Music Dancing Therapy with Michaela HAPPY FATHERS' DAY
4 11.00: Newspaper Discussion 2.00: Individual Time 2.30: Snakes & Ladders 3.30: Quoits	5 11.00: Exercises 2.00: Individual Time 3.00: Bowls Competition & Happy Hour in Rest Home (Theme: Wear Blue)	6 11.00: Word Build 2.00: Individual Time 2.30: Piano with Raewyn 3.30: Office Cleaning	7 11.00: Baking Oats Slice 2.00: Individual Time 2.30: Nail Beautification 3.30: Happy Hour & Nibbles Sing-along (Theme – Hats)	8 11.00: Laughter Wellness 1.30: Van trip to Hadstock Farm (Daffodil Picking) 2.30: Movie –The Life of Birds 4.00: Individual Time	9 3.10: Guess What's In The Bottle	10 3.10: Magnetic Darts 3.30: Music Dancing Therapy with Michaela
11 11.00: Balloon Tennis 2.00: Individual Time 2.30: Housie 3.30: Planting seasonal veg in Pots	12 11.00: Exercises 2.00: Communion Service 2.30: Peebles Painting 3.30: Ludo	13 11.00: Word Game 2.00: Fitz competition Championship Trophy Showmen Entertain Champagne & Drinks in Hospital Lounge	14 11.00: Baking for MasterChef Competition 2.00: Individual Time 2.30: Garden Walk 3.30: Happy Hour, Sing-a-long and Nibbles (Theme – Dress Up)	15 11.00: Plus Minus Word Game 1.30: Van trip to Rolleston 2.30: Movie –The Life of Birds 4.00: Individual Time	16 1.30: PMH Players Entertaining in the Hospital 3.10: Word Find	17 3.10: Hangman 3.30: Music Dancing Therapy with Michaela
18 11.00: Newspaper Reading 2.00: MasterChef Baking Competition At the Rest Home 3.30: Balloon Tennis	19 11.00 : Tai Chi @ Hiron 2.00: Communion Service 2.30: Nails and Hand Massages 3.30: Baby Visit	20 11.00: Hymns with Michaela 2.00: Individual Time 2.30: Nails and Hand Massages 3.30: Magnetic Darts	21 11.00: Fruit Loaf 2.00: Individual Time 2.30: Jewellery Making 3.30: Happy Hour, Sing-a-long and Nibbles (Theme – Wear something Red)	22 11.00: Fruit Blending 1.30: Van trip to Race Course 2.30: Movie –The Life of Birds 4.00: Individual Time	23 3.10: Sing a long with Golden Oldies	24 3.10: What is this Smell 3.30: Music Dancing Therapy with Michaela DAYLIGHT SAVING BEGINS
25 11.00: Quoits 2.00: Individual Time 2.30: Housie with Hospital 3.30: Poems	26 11.00: Tai Chi @ Hiron 2.00: Individual Time 2.30: Card Making 3.30: Target Bowls	27 11.00: Garden Walks 2.00: Individual Time 2.30: Piano with Raewyn 3.30: Card Housie	28 11.00: Word Chain Game 2.00: Individual Time 2.30: Quiz competition at the Hospital 4.00: Poems	29 11.00: Laughter Wellness 1.30: Bus trip to Botanical Gardens 2.30: Movie – the Patriot 4.00: Individual Time	30 3.10: Darts & Balloon Tennis	